

Soil Born Farm Urban Agriculture Project

Work Trade Program – Summer 2018

Soil Born Farms is a certified organic farm and educational center. Our 55 acre ranch is located along the American River Parkway in Rancho Cordova surrounded by urban development. We produce organic vegetables to provide to our CSA members, an onsite farm stand, the Midtown Farmers Market, the Sacramento Food Bank, and a variety of restaurant accounts. We are looking for hard-working, responsible, dependable people to help with farm duties in a work-trade program.

What is the compensation?

For each four hour shift you will receive a box of produce to take home with you. The vegetables included in the box will vary week to week depending on what is in season and available. The box you will receive will be comparable to our CSA box, which is worth approximately \$24.

What type of work will you be doing?

Our work trade days generally follow the below schedule:

Tuesdays: CSA and restaurant harvest / pack boxes, field work time permitting

Wednesdays: Tomato harvest and maintenance

Thursdays: Transplanting / Summer squash, cucumber & melon harvests

Fridays: Harvest / pack for markets & restaurants, farm stand setup, field work time permitting

Saturdays*: Tomato, summer squash, cucumber and melon harvests. Be prepared to spend the bulk of your time harvesting tomatoes from July-September.

Note: Depending on the season/farm needs other farm duties will be required and most of the work listed above is a tentative schedule but will generally be harvests or field work.

You will be working alongside farm staff as well as independently at times.

What is the commitment?

We are looking for individuals to fill one shift per week for the duration of the CSA season, May to November. The work trade shifts will be 7:30am – 11:30am during the spring/summer. Only work during these shifts will be considered for the work trade program. If you are interested in working other times it would be considered on a volunteer basis only. If you are unable to make a shift please notify Maggie, mmason@soilborn.org, at least 5 days in advance or as soon as possible.

What type of person are we looking for?

We are looking for people that will enjoy doing healthy, physical work that will benefit themselves, the farm, and the community. We expect individuals to be consistent, punctual, dependable, and hard-working while retaining a sense of humor and fun.

What should I wear / bring to work trade days?

Work traders are required to wear long pants and closed toed shoes. For comfort while working in the field, we recommend wearing a long sleeve shirt and hat for sun protection. Other things you may find useful are: sunscreen, water bottle and snacks. Mornings can be cold and afternoons can be warm. Wear layers that you do not mind getting dirty.

How can you become a part of the work trade program?

Please email Field Coordinator, Maggie Mason, at mmason@soilborn.org, if you are interested in being a work trader. In order to qualify, we ask that you work with the volunteer team for two volunteer sessions at the farm. Thank you for your consideration and interest. Find out more about Soil Born Farms at www.soilborn.org.