

SOIL BORN FARMS

urban agriculture & education project

Before your visit, please review some basic information listed below with your group.

Soil Born Farms Waiver Form

Each and every participant must have a completed waiver form in order to participate in the program. This includes youth, teachers, parents, volunteers, anybody that participates in the program.

Wear appropriate clothing

Pants and hats are strongly recommended. Layered clothing is a plus.

Close-toed shoes only.

Check the weather forecast prior to the visit and plan accordingly. There is very little shade on the property. The ranch tends to be a very windy place.

Plan on getting dirty

We'll be digging in the soil with our hands and getting on the ground to do garden activities. We'll be hiking and exploring in wild places and walking through mud occasionally.

Water bottles optional

Currently there is one drinking fountain at the ranch. With all the farm activities and walking around, participants will get thirsty. We may be far, far away from the fountain!

Bring a healthy snack and/or lunch *optional

Depending on how long the visit, participants should bring a healthy snack or lunch. We'll try different fruits and veggies from the field when they are available. Participants are expected to pack it in, pack it out - "it" meaning their trash. We have limited trash and recycling facilities on site. However, we encourage recycling and composting as much as possible.

Calling all chaperones

Please be sure and let your chaperones know that the field trip is an adult participation experience and they should plan on doing everything the kids do. They may be asked to lead activities. Please limit your chaperones to 7-8 adults. Chaperones need to submit a waiver form as well.

Safety first!

We will go over the general safety plan and set or review group agreements upon your arrival. We want to be sure that participants have equal opportunity to teach and learn from each other in a fun and safe manner.

Have fun!

The ranch is a giant outdoor classroom and participants should bring an open mind and positive attitude. If they are prepared with all of the above information, fun is eminent!

We are excited to have you out to the American River Ranch! If you have questions, comments, or concerns prior to your trip, please do not hesitate to call or email Alyssa at akassner@soilborn.org or 91-363-9685 extension 1012.