

Farm Safety

- 1) All volunteers, including minors, must have a Soil Born waiver form completed and on file before volunteering. An adult must accompany minors age 15 and younger unless prior arrangements have been made with Soil Born Farms.
- 2) Use your six senses whenever visiting the farm. Your sixth sense is common sense. Avoid putting yourself or others in hazardous situations. If, at any time, you are uncertain of something, check with a staff member.
- 3) Wear appropriate attire. No flip-flops or sandals are allowed. Remember that we work in the soil. Wear clothing that you don't mind getting a little dirty.
- 4) Beware of farm obstacles.
 - Stakes: The ends of beds are marked with small wooden stakes. They can be a tripping hazard if you are not careful.
 - Insects and spiders: Almost every insect on the farm is harmless. If you are uncertain always ask a farm staff person. Be aware that there are black widow spiders. However, they generally live in dark hidden areas, like in woodpiles or behind sheds. Do not reach your hand into an area you cannot see.
 - Sharp objects: Metal stakes and fencing may be on the farm. Tools may have been left out in the field. Be aware where you are walking to avoid any hazards.
 - Animals: Wild and domestic animals inhabit the farm. Respect all life and be mindful of potentially dangerous critters!
 - Farm equipment: Tractors and farm trucks travel through the farm frequently.
- 5) Tool safety is very important! Farm staff will go over the proper way to use tools when we use them. Follow these rules to avoid injury. Always put tools away when you are finished with them.
- 6) NEVER throw rocks or other objects. You could injure or destroy plants or people.
- 7) Do not pick any fruits or vegetables unless you have been given permission to do so.
- 8) Stay on the paths. Walking in beds harms the plants and organisms living in the soil.
- 9) Treat the farm animals with care. Teasing them can excite them and it is possible they could injure themselves or you.
- 10) Please throw away trash in a trashcan or take it away with you. Compost and recycle whenever possible. Help keep the farm beautiful!
- 11) Have fun exploring the farm, but also remember people live here too. Please respect the private residential spaces. If the above tips are followed, you will have a most excellent time at Soil Born Farm.